



Aldara® (Imiquimod) Cream for the Treatment of Superficial Basal Cell and Squamous Cell in Situ Carcinomas

Aldara® is an FDA-approved medication used to up-regulate the immune response to treat various dermatologic processes such as warts, actinic keratoses and skin cancers. *Please alert us if you have a history of cold sores. It is possible the virus may be re-activated during your treatment, requiring an oral antiviral prescription.*

- **The cream is applied to the visible tumor site and 1/3 of an inch beyond, 5x/week at night, for a total of 6 weeks.**
- Paper clip or fold the packet of Aldara® after each use such that it can be used to completion (do NOT dispose of as the package insert states).
- Wash off the cream each morning to prevent excessive inflammation.
- Redness, irritation, inflammation and pain may result. If it is severe or changes your daily life then call your physician for guidance.
- Once you have completed your treatment, redness and crusting may be apparent. Cleanse twice daily with mild soap and water, or half strength hydrogen peroxide (peroxide diluted with water in equal parts) and apply Vaseline petroleum jelly to keep the area moist. **Do NOT use Neosporin, as this can cause a contact dermatitis.**

Follow-up office visits may be needed during your treatment to assess your progress, as well as after to monitor response.

- A follow-up appointment will be needed in _____ weeks after completion of your treatment.

Months-to-years after completing your treatment, if ever it appears the tumor has returned, contact your physician for re-evaluation.

If any questions arise during your treatment, please call us at (919) 781-1050.